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Fabian Yii, PhD

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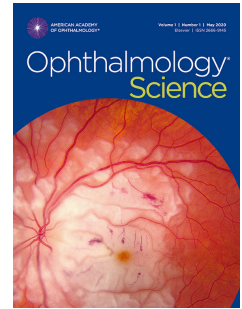
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Fundus Stretch Index: a centile-based retinal measure of myopia

Fabian Yii, *PhD*^{1,2,3,4}

1. Robert O Curle Ophthalmology Suite, Institute for Regeneration and Repair, The University of Edinburgh, UK
2. Centre for Clinical Brain Sciences, Institute for Neuroscience and Cardiovascular Research, The University of Edinburgh, UK
3. Centre for Population Health Sciences, Usher Institute, The University of Edinburgh, Edinburgh, UK
4. Department of Twin Research and Genetic Epidemiology, King's College London, London, UK

Correspondence

Fabian Yii
49 Little France Crescent,
Edinburgh EH16 4SB, UK
fabian.yii@ed.ac.uk

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Running Head: FunSI as an explainable retinal measure of myopia

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Abbreviations and Acronyms: SER, spherical equivalent refraction; DL, deep learning; FunSI, fundus stretch index; FRO, fundus refraction offset; RD, retinal detachment; POAG, primary open-angle glaucoma; ICD-10, International Classification of Disease Version 10; OPCS-4, Office of Population Censuses and Surveys: Classification of Surgical Operations Version 4; IOP, intraocular pressure; CH, corneal hysteresis; HR, hazard ratio; CI, confidence intervals

Word Count: 3951

Keywords: Myopia, retina, fundus stretch index, fundus refraction offset, retinal detachment, glaucoma

This article contains additional online-only material. The following should appear online-only: Tables S1, S2, S3, S4, S5, S6, S7 and S8.

Abstract

Objective: To propose and evaluate the risk-stratification potential of Fundus Stretch Index (FunSI), a centile-based retinal metric that quantifies the geometric deviation of the fundus from what is expected for a given spherical equivalent refraction (SER).

Design: Population-based cohort study.

Participants: Phakic eyes of 25,222 adults (SER: 0D to -12D) with adequate-quality fundus photographs at baseline (2009-2010), individually linked to routinely collected health records until 2022.

Methods: Quantile regression was used to estimate the 5th to 95th centiles of 10 dimensionless fundus imaging features (e.g. arterial/venous tortuosity, disc tilt), conditioning on SER. FunSI was computed as the sum of an eye's SER-specific centile position across all imaging features, normalised to 0-1, such that an eye consistently ranked in the *worst* centile (5th or 95th, depending on the direction of change as myopia increased) for its SER would have a value of 1. Cox regression was used to test the association between baseline FunSI and the risk of: rhegmatogenous retinal detachment (RD), adjusting for baseline SER, age, sex, ethnicity, Townsend deprivation index, diabetes, hypertension and ocular trauma; and primary open-angle glaucoma (POAG), adjusting for the same baseline covariates (excluding ocular trauma) plus intraocular pressure and corneal hysteresis.

Main Outcomes and Measures: Rhegmatogenous RD and POAG onset.

Results: A total of 25,030 and 24,835 adults aged 40-69 years without any prior history of RD/breaks and glaucoma of any subtype were analysed, respectively. The event

rates (new cases per 10,000 person-years) were 4.9 for rhegmatogenous RD and 15.0 for POAG. Higher baseline FunSI was associated with an increased risk of developing rhegmatogenous RD (adjusted hazard ratio per 1 SD [0.09], 1.26; 95% confidence intervals, 1.08-1.48; $P=.004$) and POAG (1.11; 1.01-1.22; $P=.03$). The addition of FunSI led to a much clearer improvement in the concordance index for the rhegmatogenous RD model compared with the POAG model.

Conclusions: FunSI is an explainable approach to characterising myopia at the retinal level. Two individuals may share similar baseline risk factors such as SER, but an overall geometric difference in their fundi, as quantified by FunSI, may reveal a difference in their long-term risk of sight-threatening diseases.

Introduction

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While increasing myopia is generally accompanied by retinal imaging changes suggestive of a progressively more stretched appearance (e.g. less tortuous and less densely branched vessels),¹⁻³ some fundi appear far more or far less stretched than would be expected for their degree of myopia. Such discrepancies are partly attributable to the limitation of conventional measures of myopia, which focus on the axial dimension of the eye (visual axis), to describe what is fundamentally a three-dimensional process: ocular growth.⁴ Two eyes may have identical spherical equivalent refraction (SER) yet differ markedly in their posterior segment shape, giving rise to different off-axis retinal morphology.⁴

An interesting question arising from this brief discussion is whether quantitative information from across an individual's fundus can be incorporated into SER to develop a more individualised, "retinal measure" of myopia.¹ One approach is to use deep learning (DL) to predict SER directly from a colour fundus photograph. The premise is that, assuming a good bias-variance trade-off, a DL model will have a more negative prediction error when applied to a fundus that appears more myopic than expected for the eye's SER.⁵ This is analogous to how an "older appearing" fundus may indicate accelerated ageing (biological age > chronological age).^{6, 7} One such DL-driven retinal measure of myopia is Fundus Refraction Offset (FRO), which has been shown to be predictive of future retinal detachment (RD), independently of baseline SER and relevant covariates.^{5, 8} However, a downside of this approach is its reduced

24 explainability, as the measure is derived directly from raw fundus photographs instead
25 of some readily interpretable imaging features (e.g. vessel tortuosity).

26

27 To improve clinical explainability, it may help to consider an alternative approach that
28 has proved very useful in paediatrics: growth chart.⁹ At its most basic level, a growth
29 chart displays various centiles of a physical parameter, such as height, as a function of
30 age. A child positioned on the 98th centile, for example, is unusually tall for his/her age
31 (98% of children of the same age are shorter). By substituting height with a fundus
32 imaging feature and age with SER, one could similarly create a fundus centile chart to
33 determine how typical, or atypical, an eye is for its SER. With several such centile
34 charts, each based on a different imaging feature, it may be possible to get an overall
35 picture of how quantitatively different a fundus is relative to other eyes with similar SER.
36 Here, the author introduced an explainable retinal measure of myopia based on this
37 concept, Fundus Stretch Index (FunSI), and investigated its longitudinal association with
38 rhegmatogenous RD and primary open-angle glaucoma (POAG), beyond the influence
39 of baseline covariates including SER.¹⁰

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Methods

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49 Study participants

50 This study was reported in accordance with the Strengthening the Reporting of
51 Observational Studies in Epidemiology (STROBE) guidelines.¹¹ The study participants
52 were sourced from the UK Biobank Eye and Vision dataset, a large cohort of mid-life
53 (40-69 years) adults recruited from various sites across England, Scotland and Wales.
54 As the UK Biobank has Research Tissue Bank approval from the Northwest Multi-
55 Center Research Ethics Committee (06/MRE08/65), no separate ethical clearance was
56 required. All participants provided informed consent, and the study adhered to the
57 Declaration of Helsinki.

58

59 The reader is referred to previous publications for a detailed description of this cohort.¹²
60 ¹³ Briefly, between 2009 and 2010, 68,508 individuals participated in a range of baseline
61 physical and ophthalmic assessments, including 45-degree macula-centred colour
62 fundus photography (Topcon 3D OCT-1000 Mark II) and autorefraction (Tomey RC-
63 5000). In addition to in-person follow-up visits every few years, each individual was
64 linked to the national death registries (2006-2022 for all 3 UK constituent countries) and
65 routinely collected health-related datasets from the UK publicly funded healthcare
66 system, the National Health Services (NHS). These included primary care (1938–2016
67 for England, 1939–2017 for Scotland and 1948–2017 for Wales) and hospital
68 admission/procedural records (1981–2022 for Scotland, 1991–2022 for Wales and
69 1997–2022 for England).

70 **Eligibility criteria**

71 Figure 1 summarises the flow of participants through each stage of the selection
72 process. Initially, 51,086 individuals with at least one eye passing a previously
73 described and validated image quality assessment were included.^{1, 14} Eyes with SER >
74 0D were subsequently excluded, and those in which one or more imaging features
75 failed computation due to poor image segmentation were further removed. Likewise,
76 eyes lying outside the top and bottom 0.1% of the distribution of any imaging features
77 were excluded, as these outliers were caused by poor image segmentation upon visual
78 inspection.

79

80 As very few eyes (n=209) had extreme myopia above 12D, centile estimates (described
81 in the next subsection) could not be obtained precisely beyond this level of myopia;
82 these eyes were therefore removed. To rule out the influence of pseudophakia, the
83 author also excluded individuals with a self-reported history of cataract/refractive
84 surgery (UK Biobank data-fields 5324 and 5325) or those with a 3-digit procedural code
85 related to lens extraction based on the Office of Population Censuses and Surveys:
86 Classification of Surgical Operations Version 4 (OPCS-4), namely C71, C72 and C74,
87 on or prior to the baseline visit. Following this, 40,258 eyes of 25,222 individuals were
88 finally included.

89

90 **Centile-based Fundus Stretch Index**

91 A range of fundus imaging features were computed using automated pipelines
92 described in previous work.^{1, 15} To mitigate the optical influence of ocular magnification,

93 and to avoid assuming any specific camera design (e.g. telecentricity) or resolution (mm
94 per pixel),¹⁶ only dimensionless imaging features were considered when calculating
95 FunSI. These features (n=10) are summarised in Table 1 and further detailed
96 elsewhere.^{1, 15}

97

98 Quantile regression with non-crossing constraints^{17, 18} was used to estimate the 5th to
99 95th centiles (in 5-centile increments) of each imaging feature, conditioning on SER and
100 using data from one randomly selected eye when both eyes of an individual were
101 available. As shown in Figure 2, this resulted in 10 centile charts (one per imaging
102 feature), each containing 19 centile curves. A key advantage of quantile regression is
103 that it makes no assumptions about the conditional distribution of the dependent
104 variable, in contrast to the less flexible semi-parametric Lambda-Mu-Sigma method.

105

106 The FunSI for each of the 40,258 eligible eyes was calculated by summing its SER-
107 specific centile position across the 10 centile charts per Equation 1, followed by min-
108 max normalisation of this sum to a range of 0-1 per Equation 2. A FunSI of 0.5 would
109 therefore suggest an “average-looking” fundus given the eye’s SER, while a fundus
110 consistently ranked in the worst centile across all imaging features would have a FunSI
111 of 1. For each imaging feature, the worst centile was either the 5th or the 95th centile,
112 depending on the direction of change of that feature as myopia increased. For example,
113 the worst centile for arterial tortuosity was the 5th centile because tortuosity generally
114 decreased with myopia, and vice versa for arterial concavity.¹

115

$$\begin{aligned}
 & \text{[1] } Cent_{sum} = Cent_{arterial\ concavity} + Cent_{venous\ concavity} + Cent_{DFD:DML} + Cent_{disc\ tilt} + (1 - Cent_{arterial\ FD}) + (1 - \\
 & Cent_{venous\ FD}) + (1 - Cent_{AVR}) + (1 - Cent_{arterial\ tortuosity}) + (1 - Cent_{venous\ tortuosity}) + (1 - Cent_{absolute\ disc\ torsion}) \\
 & \text{[2] } FunSI = (Cent_{sum} - 0.5) / 9
 \end{aligned}$$

Where *Cent* represents the decimal centile position (e.g. 0.5 for the 50th centile), determined by identifying the centile curve closest to the observed value of a given imaging feature (capped at the 5th and 95th centiles); *DFD:DML* represents the ratio of disc-fovea distance to disc major axis length; *FD* represents fractal dimension; and *AVR* represents arteriovenous ratio. Because the 5th centile (0.05) represented the worst centile for arterial/venous FD, AVR, arterial/venous tortuosity and absolute disc torsion, subtracting *Cent* corresponding to these imaging features from 1 ensured that a FunSI closer to 1 reflected a more structurally myopic retina. Figure 3 shows some examples of eyes with similar SER but different FunSI.

Events of interest

Using a combination of sources including NHS records mentioned earlier and touch-screen questionnaires administered during each assessment visit (self-reported history), the UK Biobank team has made the first-occurrence date of RD/breaks and glaucoma available as data-fields 131178 and 131186, respectively.¹⁹ However, these were mapped to the first three characters of the International Classification of Disease Version 10 (ICD-10) codes, encompassing various subtypes of RD/breaks (H33) and glaucoma (H40). The source hospital records of individuals with RD/breaks (H33) based on data-field 131178 were accessed to ascertain cases of rhegmatogenous RD (H33.0), given that patients with rhegmatogenous RD would almost certainly require hospital

140 treatment. For POAG, an elimination approach was applied by defining it as the
141 presence of glaucoma (H40) according to data-field 131186 but without: (1) any ICD-10
142 codes related to primary angle-closure glaucoma (H40.2), secondary glaucoma (H40.3
143 to H40.6), other glaucoma (H40.8) and glaucoma in other diseases (H42.0 and H42.8);
144 as well as (2) any OPCS-4 codes related to angle-closure glaucoma, namely
145 iridosclerotomy (C62.1) and iridotomy (C62.2 and C62.3).

146

147 **Populations at risk and observation period**

148 For the analyses described below, the population at risk for rhegmatogenous RD
149 comprised individuals with no prior history of RD/breaks of any subtype (e.g.
150 rhegmatogenous, tractional, serous), by excluding those with an ICD-10 code H33
151 (data-field 131178) recorded on or before the baseline visit. Likewise, the population at
152 risk for POAG comprised individuals without glaucoma of any subtype (including angle-
153 closure glaucoma) recorded on or before the baseline visit (ICD-10 code H40; data-field
154 131186). The observation period (follow-up time) spanned from an individual's baseline
155 visit (2009-2010) to the right-censoring date, defined as the earliest of: last day of 2022,
156 date of death or date of loss to follow-up due to emigration or withdrawal of consent for
157 future data linkage. For rhegmatogenous RD analyses, the observation period was
158 additionally right-censored at cataract surgery, given the potential confounding effect of
159 cataract surgery during follow-up.²⁰ To account for competing risks, the observation
160 period was also right censored at the first occurrence of non-rhegmatogenous RD (for
161 rhegmatogenous RD analyses) or glaucoma unrelated to POAG (for POAG analyses).
162 No individual had zero follow-up time.

163 **Statistical (survival) analysis**

164 All statistical analyses were performed at the individual level because laterality
165 information was not available for the events, averaging continuous data across eyes
166 when both eyes of an individual were eligible (unless otherwise stated).

167
168 Kaplan-Meier plots were used to visualise the cumulative incidence ([1-survival
169 probability] X 100) of each event over time, stratified by baseline FunSI (categorised
170 into 4 quantiles for visualisation purposes). Multivariable Cox regression models were
171 then fitted to test the association between baseline FunSI (continuous) and time to each
172 event, defined as the time elapsed from the baseline visit to the first-occurrence date or
173 the right-censoring date (whichever came first). Note that FunSI was standardised to
174 zero mean and unit variance in all models to place the estimated hazard ratio (HR) on a
175 less steep and more interpretable scale, such that an HR of x represented an x-fold
176 change in hazard rate for every 1 standard deviation (SD) change in FunSI, rather than
177 per 1-unit change in the index (which would unrealistically reflect a change across the
178 full 0-1 theoretical range of FunSI). The models initially assumed a linear relationship
179 and were then extended to include non-linear FunSI terms: a second-degree polynomial
180 ($\text{FunSI} + \text{FunSI}^2$), followed by a third-degree polynomial ($\text{FunSI} + \text{FunSI}^2 + \text{FunSI}^3$).

181

182 **Covariate adjustment**

183 Baseline covariates selected a priori and adjusted for in each model included
184 basic/common demographic and clinical information: age (continuous), sex (binary),
185 SER (continuous: spherical power + cylindrical power/2), Townsend deprivation index

186 (continuous: positive values indicated higher deprivation), ethnicity (binary: White vs
187 non-white), diabetes (Boolean) and hypertension (Boolean). History of ocular trauma
188 (Boolean) was additionally included in the rhegmatogenous RD model, while intraocular
189 pressure (IOP) and corneal hysteresis (CH),²¹ both of which were continuous variables
190 measured with the Reichert Ocular Response Analyser, were additionally included in
191 the POAG model. Unreasonable IOP (0 or >45 mmHg)²² and CH (0 or >15 mmHg)²³⁻²⁵
192 values were removed (treated as missing), as these were most likely caused by
193 measurement error. The reader is referred to Yii et al.⁸ for further information about
194 each covariate.

195

196 **Leave-one-feature-out, sensitivity and subgroup analyses**

197 To assess the relative influence of each imaging feature on the Cox regression results,
198 FunSI was recomputed using a leave-one-feature-out approach (one feature omitted at
199 a time). Additionally, sensitivity analyses were conducted by: (1) excluding self-reported
200 cases and cases not identified through hospital records (this analysis was not applicable
201 to rhegmatogenous RD because, by definition, all cases had a hospital record); (2)
202 excluding individuals with cylindrical power >2D to rule out the potential influence of
203 refractive myopia (e.g. due to keratoconus); (3) excluding cases occurring within 1 year
204 of baseline to rule out any inadvertent inclusion of prevalent cases resulting from a
205 potential time lag between disease onset and the availability of records; (4) selecting
206 FunSI and covariate data from the more myopic eye when both eyes were eligible; and
207 (5) lowering the imaging feature outlier threshold (as described under the eligibility
208 criteria) from 0.1% to 0.01% (thus excluding fewer eyes). Finally, in a subgroup of

209 individuals not previously used to train the FRO DL model,⁵ baseline FRO was included
210 as an additional continuous covariate (subgroup analysis).

211

212 The variance inflation factor was <1.2 in all fitted models, indicating no evidence of
213 multicollinearity. A complete-case approach was used to handle missing data when the
214 data could be assumed to be missing completely at random (MCAR), based on Little's
215 test.^{26, 27} Otherwise, multiple (n=10) imputation using the predictive mean matching
216 method²⁸ was performed. The concordance index (C-index) was used to summarise the
217 discriminative ability of the fitted models, with higher values indicating better
218 discrimination.²⁹ All analyses were performed in R V.4.5.1 (R Core Team, Vienna,
219 Austria), using the *quantregGrowth* and *survival* packages for centile curve estimation
220 and survival analyses, respectively. The source code is openly available at
221 <https://github.com/fyii200/FunSI>. Hypothesis testing was 2-tailed, with $P<.05$ considered
222 sufficient evidence to reject the null hypotheses.

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Results

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234 **Baseline characteristics and cumulative incidence**

235 Table 2 summarises the baseline characteristics of the populations at risk for
236 rhegmatogenous RD and POAG. For rhegmatogenous RD, 25,030 (99.9%) of 25,067
237 at-risk individuals had complete data; 37 individuals with missing Townsend deprivation
238 index were excluded from all analyses, as the MCAR assumption was met ($\chi^2=6.4$;
239 $P=.79$). For POAG, 23,600 (95.0%) of 24,835 at-risk individuals had complete data;
240 missing values for CH ($n=1191$), IOP ($n=750$) and Townsend deprivation index ($n=37$)
241 were imputed, as the MCAR assumption was violated ($\chi^2=584.4$; $P<.001$).

242

243 The mean (SD) observation period was 12.0 (2.1) for rhegmatogenous RD (301,348
244 person-years) and 12.3 (1.6) years for POAG (306,179 person-years). A total of 148
245 individuals had incident rhegmatogenous RD during the observation period, yielding an
246 event rate of 4.9 cases per 10,000 person-years. The number of incident POAG cases
247 was 460, corresponding to an event rate of 15.0 cases per 10,000 person-years. Of
248 these POAG cases, 23 were self-reported and 437 were identified through other
249 sources, including 319 through hospital records.

250

251 The cumulative incidence of each event over time, stratified by baseline FunSI, is
252 shown in Figure 4. Compared with individuals in the lowest FunSI quantile, those in the
253 highest FunSI quantile had twice as high cumulative incidence of rhegmatogenous RD
254 over 12 years (0.8% [95% CI: 0.6% to 1.1%] vs 0.4% [0.3% to 0.6%]). Similarly, the 12-

255 year cumulative incidence of POAG was more than twice as high in the highest FunSI
256 quantile (2.5% [2.1% to 2.9%]) as that observed in the lowest FunSI quantile (1.2%
257 [0.9% to 1.4%]).

258

259 **Multivariable Cox regression**

260 As shown in Table 3, higher baseline FunSI was associated with an increased risk of
261 developing rhegmatogenous RD (adjusted HR per 1 SD [0.09], 1.26; 95% CI, 1.08 to
262 1.48; $P=.004$) and POAG (1.11; 1.01 to 1.22; $P=.03$), even after adjusting for baseline
263 covariates including SER (univariable associations are presented in Table S1). The C-
264 index for the rhegmatogenous RD model without FunSI was 0.689, increasing by 0.017
265 to 0.706 when FunSI was added. In contrast, the addition of FunSI to the POAG model
266 only led to a very modest increase in the C-index (+0.003, from 0.804 to 0.807).

267

268 **Addition of non-linear terms**

269 None of the non-linear FunSI terms were associated with the risk of rhegmatogenous
270 RD, whether modelled as a second-degree polynomial ($P=.39$ for FunSI^2) or a third-
271 degree polynomial ($P=.55$ for FunSI^2 and $P=.19$ for FunSI^3). There was some weak
272 indication of a quadratic relationship between FunSI and POAG risk: in the second-
273 degree polynomial model, the FunSI^2 term was associated with disease risk (HR, 0.90;
274 95% CI, 0.82 to 1.00; $P=.046$), but its inclusion did not improve the C-index (0.806,
275 similar to the original linear model).

276

277

278 Leave-one-feature-out, sensitivity and subgroup analyses

279 Findings from the leave-one-feature-out analysis are presented in Table S2. Baseline
280 FunSI remained associated ($P<.05$) with rhegmatogenous RD risk regardless of which
281 imaging feature was removed, with estimated HRs ranging from 1.19 to 1.30. For
282 POAG, however, baseline FunSI was no longer associated with disease risk after
283 removing *DFD:DML*, arterial/venous FD or AVR, suggesting that these features had a
284 disproportionate influence on FunSI's association with POAG risk.

285
286 The overall conclusions—that higher baseline FunSI was associated with an increased
287 risk of rhegmatogenous RD and POAG—remained unchanged after repeating the
288 multivariable Cox regression across all 5 sensitivity analyses: (1) exclusion of self-
289 reported and non-hospital cases (Table S3); (2) exclusion of individuals with cylindrical
290 power $>2D$ (Table S4); (3) exclusion of cases occurring within 1 year of baseline (Table
291 S5); (4) analysis of data from the more myopic eye (Table S6); and (5) lowering the
292 imaging feature outlier threshold to 0.01% (Table S7).

293
294 In the subgroup analysis, 104 of 15,954 eligible individuals had incident
295 rhegmatogenous RD, and 335 of 15,754 had incident POAG. As shown in Table S8,
296 baseline FRO (adjusted HR per 1 SD [0.87D], 0.77; 95% CI, 0.65 to 0.90; $P=.002$) and
297 FunSI (1.29; 1.07 to 1.57; $P=.009$) were both independently associated with the risk of
298 developing rhegmatogenous RD. The C-index was 0.679 for the rhegmatogenous RD
299 model without FRO and FunSI, increasing by 0.021 to 0.700 after adding FRO, and
300 further increased by 0.018 to 0.718 with the inclusion of FunSI—an overall improvement

301 of almost 0.04. For POAG, there was insufficient evidence to suggest that FRO (0.91;
302 0.82 to 1.00; $P=.053$) and FunSI (1.09; 0.98 to 1.22; $P=.10$) were independently
303 associated with disease risk, although some trends were observed. Accordingly, the
304 changes in the C-index attributable to FRO (+0.001) and FunSI (+0.001) were
305 practically absent, with a negligible overall improvement of 0.002 from 0.796 to 0.798.

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Discussion

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326 The present study introduced FunSI, a retinal measure of myopia that summarises an
327 eye's SER-specific centile position across a range of explainable fundus imaging
328 features (Table 1), where a higher value suggests a more stretched fundus relative to
329 the eye's SER. As demonstrated in the primary analysis, individuals with similar SER
330 and other baseline risk factors may nonetheless exhibit geometric differences in their
331 fundi, as summarised by FunSI, which may translate into differences in the risk of
332 developing rhegmatogenous RD (or, to a lesser extent, POAG) over the subsequent 12
333 years.

334

335 In the subgroup analysis, both baseline FunSI and FRO^{5, 8} were found to be associated
336 with the risk of developing rhegmatogenous RD, independently of one another. Indeed,
337 a post-hoc linear regression of FRO on FunSI showed that, while a higher FunSI was
338 associated ($P=.01$) with a more negative FRO (more myopic-looking fundus as inferred
339 by DL), the strength of association was weak, where a 1 SD increase in FunSI was only
340 associated with -0.02D (95% CI, -0.03D to -0.003D) change in FRO. Both measures are
341 thus complementary, as they appear to capture different retinal information pertinent to
342 myopia. However, when considering POAG as the event in the subgroup analysis, both
343 FRO and FunSI were not associated with the disease, although some trends were
344 observed. Compared with rhegmatogenous RD (Table 3), the association between
345 FunSI and POAG in the primary analysis also appeared weaker (HR: 1.26 vs 1.11) and
346 more uncertain, with the lower bound of 95% CI closer to the null. Additionally, the

347 improvement in the C-index attributable to FunSI was substantially smaller for the
348 POAG model than for the rhegmatogenous RD model, in both the primary and subgroup
349 analyses. Taken together, the evidence supporting FunSI (in its current form) as an
350 independent risk marker for POAG is comparatively weaker.

351

352 A precursor to rhegmatogenous RD is the presence of vitreoretinal tractional forces
353 acting on the neurosensory retina,^{30, 31} which, as previously discussed,⁸ may affect
354 fundus appearance. Even when such tractional forces are not yet clinically evident,
355 signs of strain imparted by an axially elongated, aspheric (more prolate or less oblate)
356 posterior segment characteristic of a myopic eye may already be detectable, however
357 subtly, at the pixel level across the fundus,⁴ changes that could predispose the eye to
358 rhegmatogenous RD.³² Signs of myopic strain involving the optic nerve head (e.g. tilted
359 and more obliquely orientated disc) and retinal vasculature (e.g. reduced FD) are also
360 implicated in the increased susceptibility of myopic eyes to POAG, either mediated by a
361 mechanical pathway or a perfusion-related pathway, or both.³³⁻³⁶

362

363 FunSI and, for that matter, FRO, differ from SER in being adjunctive measures of
364 myopia that are more directly concerned with the structural characteristics of the retina.
365 This emphasis may seem pedantic, but it closely aligns with recent high-profile
366 consensus statements recommending that myopia be classified as a disease, first by
367 the US National Academies of Science³⁷ and subsequently by the International Myopia
368 Summit Workgroup.³⁸ The latter workgroup identified, as a “key strategy” for reducing
369 the global burden of myopia, the need to define myopia not solely as a refractive error

370 but a disease with phenotypic features that influence long-term eye health outcomes.³⁸
371 This paradigm shift is an important step towards refining risk stratification in clinical
372 practice,³⁸ as some patients with low myopia are at high risk of developing
373 complications, far in excess of what is typical for their SER, whereas some highly
374 myopic patients do not develop such complications. In practice, both FunSI and FRO
375 provide the first proof of concept to advance this paradigm shift.

376

377 The male predilection to rhegmatogenous RD in this study (Table 3) is consistent with
378 previous epidemiological findings.³⁹ Likewise, diabetes⁴⁰ and higher IOP⁴¹ are two
379 important risk factors for POAG, and mounting longitudinal evidence supports lower CH
380 (reflecting reduced ability of ocular tissue to dissipate energy) as an independent risk
381 factor for POAG onset,⁴² including a recent UK Biobank study.⁴³

382

383 Despite the use of a large-scale, population-based dataset, the fundus centile charts
384 were derived from colour fundus photographs acquired with a Topcon camera. Although
385 some degree of generalisability to other cameras may be expected, given that only
386 dimensionless imaging features were considered, this requires external validation in
387 future work. Likewise, further work is warranted to establish if the current version of
388 FunSI is transferable across populations, given the predominance of a single ethnic
389 group (White European) in the UK Biobank. As a proof of concept, this study lays the
390 groundwork for other researchers to develop their own FunSI, with the potential for
391 combining derived data in the future to create cross-population fundus centile charts.
392 Another limitation is that It remains unclear whether FunSI is an independent measure

393 of myopia or a complex surrogate for axial length (AL) due to the absence of AL
394 measurements in the UK Biobank. In addition to the need for external validation and
395 adjustment for AL, future work could incorporate additional relevant imaging features,
396 such as cup-to-disc ratio and degree of tessellation, to potentially improve the potential
397 of FunSI for risk stratification. It would also be valuable for future longitudinal studies to
398 investigate the association between FunSI and the risk of pathologic myopia or
399 childhood myopia. Another interesting line of inquiry is to disentangle the potential
400 relationships among FunSI, height, three-dimensional eye shape and eye volume.

401

402 In conclusion, FunSI is a promising, explainable retinal measure of myopia that may
403 complement FRO in stratifying the risk of future rhegmatogenous RD—and, to a lesser
404 extent, POAG—even among individuals with similar SER, age, sex and other baseline
405 risk factors.

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Figure legends

Figure 1. Participant flow diagram.

Figure 2. Fundus centile charts, one per imaging feature. Each chart consists of 19 centile curves, ranging from the 5th centile (very small value) to the 95th centile (very large value) in 5-centile increments. Centile curve corresponding to the 50th centile (median) is highlighted in red. DFD, disc-fovea distance.

Figure 3. Examples of colour fundus photographs with similar SER but different FunSI. SER, spherical equivalent refraction; FunSI, Fundus Stretch Index. Reproduced by kind permission of UK Biobank ©

Figure 4. Cumulative incidence (calculated as $[1 - \text{Kaplan-Meier survival probability}] \times 100$) of rhegmatogenous retinal detachment and primary open-angle glaucoma over time, stratified by baseline FunSI (categorised into 4 quantiles for visualisation purposes). FunSI, Fundus Stretch Index.

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Table 1. Description of each dimensionless (unitless) fundus imaging feature used to derive Fundus Stretch Index. The reader is kindly referred to Yii et al.¹ for further information about each imaging feature.

Fundus feature	Description
Arterial fractal dimension	Complexity of retinal arterioles. Larger values indicate increased complexity (more densely branched vasculature). Generally decreases with myopia.
Venous fractal dimension	Complexity of retinal venules. Larger values indicate increased complexity (more densely branched vasculature). Generally decreases with myopia.
Arteriovenous ratio	Ratio of central retinal arteriolar equivalent to central retinal venular equivalent. Larger values indicate <i>relative</i> arteriolar widening. Generally decreases with myopia.
Arterial tortuosity	Tortuosity of retinal arterioles. Larger values indicate more tortuous arterioles. Generally decreases with myopia.
Venous tortuosity	Tortuosity of retinal venules. Larger values indicate more tortuous venules. Generally decreases with myopia.
Arterial concavity	Parabolic course of the major temporal arterial arcade. Larger values indicate increased concavity (arterial arcade curves more inwardly towards the fovea). Generally increases with myopia.
Venous concavity	Parabolic course of the major temporal venous arcade. Larger values indicate increased concavity (venous arcade curves more inwardly towards the fovea). Generally increases with myopia.
Disc-fovea distance to disc major axis length ratio	Ratio of the Euclidian distance between the optic disc centroid and fovea (disc-fovea distance) to the *major axis length of the optic disc. A value of 3, for example, indicates that the disc-fovea distance is 3 times that of the major axis length of the optic disc. Generally increases with myopia.
Disc tilt	Ratio of the *major axis length of the optic disc to its *minor axis length. Larger values indicate a less circular, more oval optic disc appearance. Generally increases with myopia.
Absolute disc torsion (also known as disc orientation)	Absolute angle between horizontal axis of the image passing through the optic disc centroid and the *major axis of the optic disc (ranges from 0° to 90°). A vertically orientated optic disc will have a value of 90°. Generally decreases (less vertically orientated) with myopia.

*Based on the best-fitting ellipse

Table 2. Baseline characteristics of participants included in the survival analyses. Continuous variables are presented as mean (standard deviation), and categorical variables as n (%).

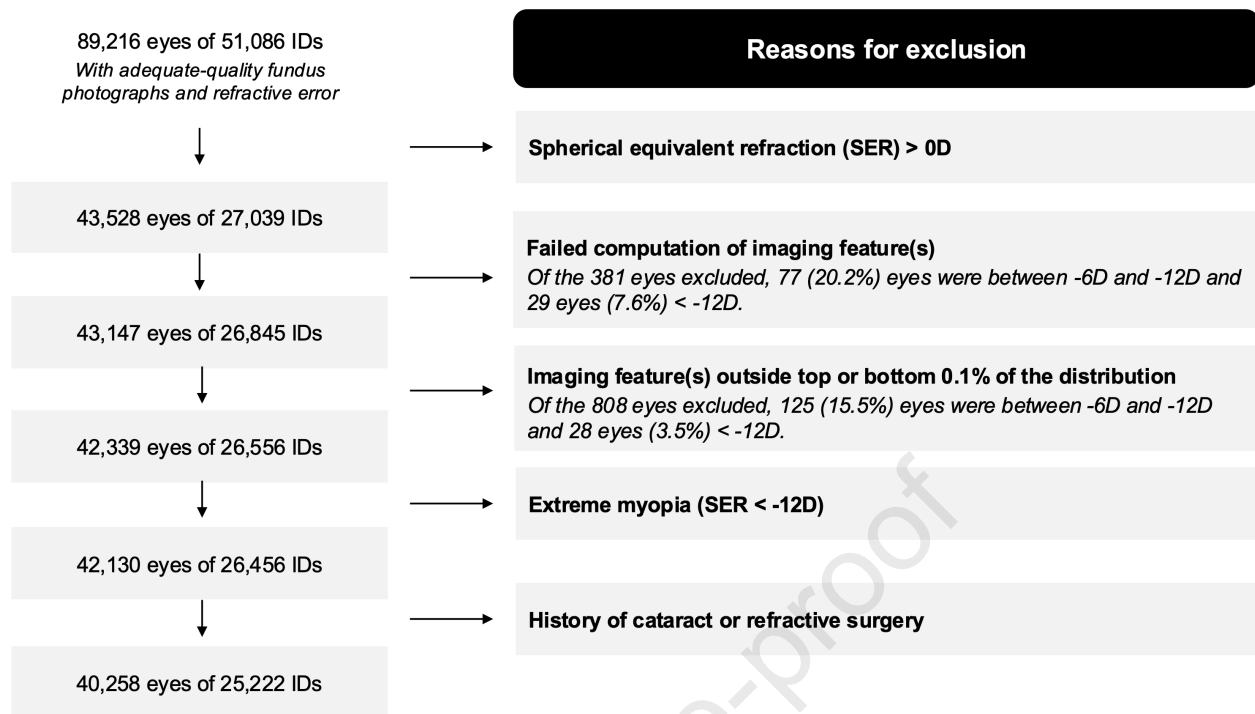
Characteristics	Rhegmatogenous RD (n=25,030)	Primary open-angle glaucoma (n=24,835)
Age (year)	54.3 (8.1)	54.3 (8.1)
Female	13,513 (54.0)	13,430 (54.1)
White	22,742 (90.9)	22,572 (90.9)
SER (dioptre)	-2.12 (2.23)	-2.12 (2.23)
FunSI	0.50 (0.09)	0.50 (0.09)
Townsend deprivation index	-1.03 (2.95)	-1.04 (2.95)
Diabetes	1107 (4.4)	1080 (4.3)
Hypertension	5502 (22.0)	5440 (21.9)
Ocular trauma	124 (0.5)	/
Intraocular pressure (mmHg)	/	15.9 (3.5)
Corneal hysteresis (mmHg)	/	10.5 (1.7)

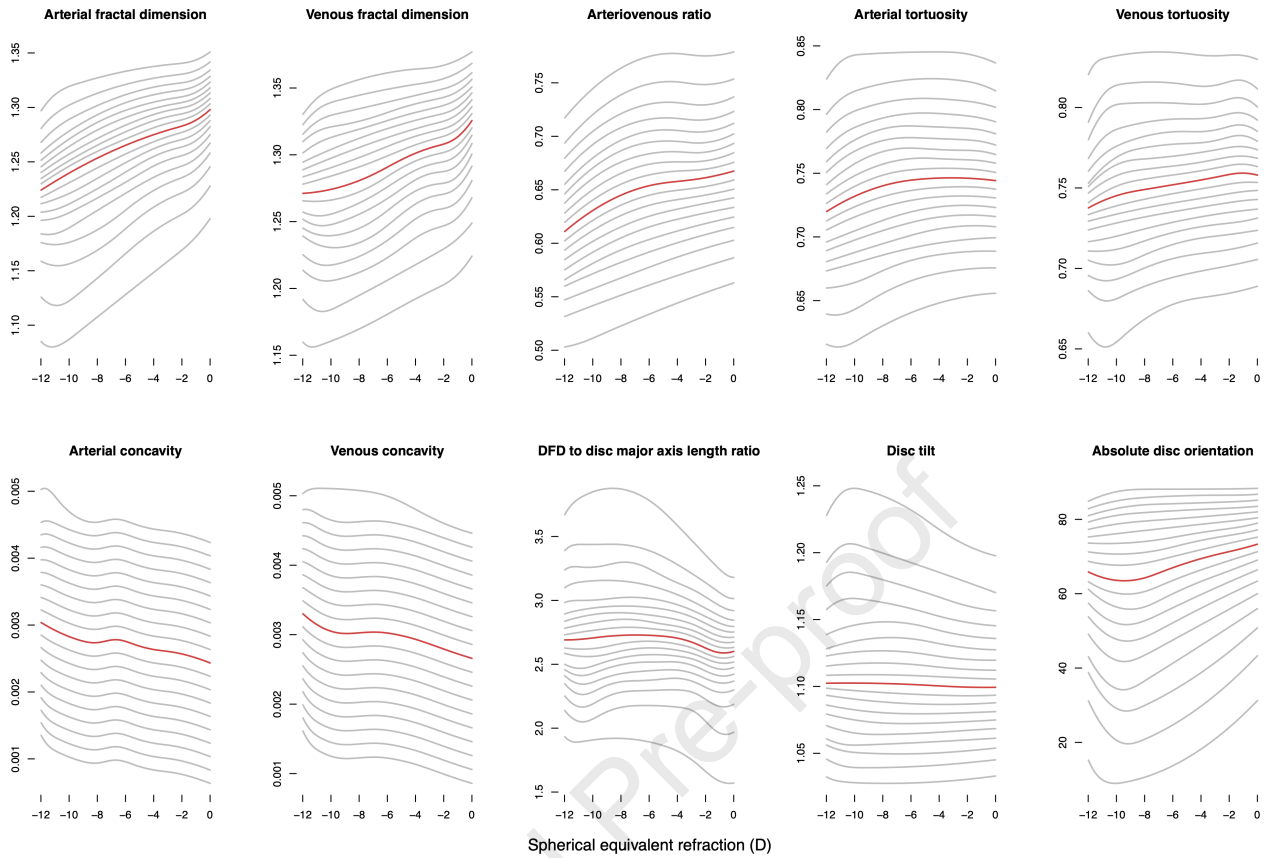
RD, *retinal detachment*; SER, *spherical equivalent refraction*; FunSI, *fundus stretch index*

Table 3. Adjusted association of baseline FunSI and covariates with each event (multivariable Cox regression).

Baseline variables	Rhegmatogenous RD (n=25,030)		Primary open-angle glaucoma (n=24,835)	
	Adjusted HR (95% CI)	<i>P</i>	Adjusted HR (95% CI)	<i>P</i>
SER, <i>per 1 dioptre</i>	0.81 (0.77 to 0.85)	<.001	0.93 (0.89 to 0.96)	<.001
FunSI, <i>per 1 SD (0.09)</i>	1.26 (1.08 to 1.48)	.004	1.11 (1.01 to 1.22)	.03
Age, <i>per 1 year</i>	1.00 (0.98 to 1.02)	.83	1.07 (1.05 to 1.08)	<.001
Male sex	1.89 (1.35 to 2.63)	<.001	1.14 (0.95 to 1.38)	.16
Townsend deprivation index, <i>per 1 unit</i>	0.97 (0.92 to 1.03)	.39	0.99 (0.96 to 1.02)	.55
White ethnicity	1.22 (0.63 to 2.35)	.56	0.66 (0.48 to 0.90)	.01
Diabetes	1.05 (0.48 to 2.30)	.89	1.58 (1.12 to 2.22)	.009
Hypertension	1.06 (0.71 to 1.57)	.78	1.12 (0.91 to 1.38)	.27
Ocular trauma	2.35 (0.58 to 9.50)	.23	/	/
IOP, <i>per 1 mmHg</i>	/	/	1.21 (1.19 to 1.23)	<.001
CH, <i>per 1 mmHg</i>	/	/	0.91 (0.86 to 0.96)	.001

RD, *retinal detachment*; HR, *hazard ratio*; CI, *confidence intervals*; SER, *spherical equivalent refraction*; FunSI, *fundus stretch index*; SD, *standard deviation*; IOP, *intraocular pressure*; CH, *corneal hysteresis*





FunSI
SER

-3D

-6D

0.29



0.26



0.50



0.51

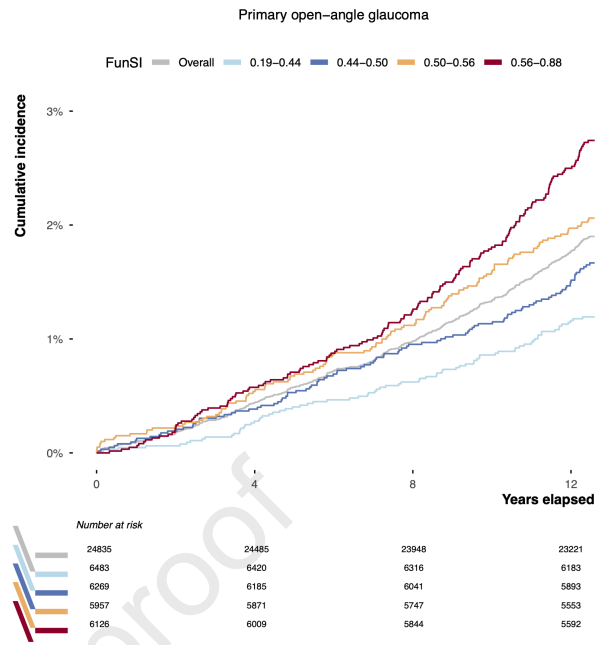
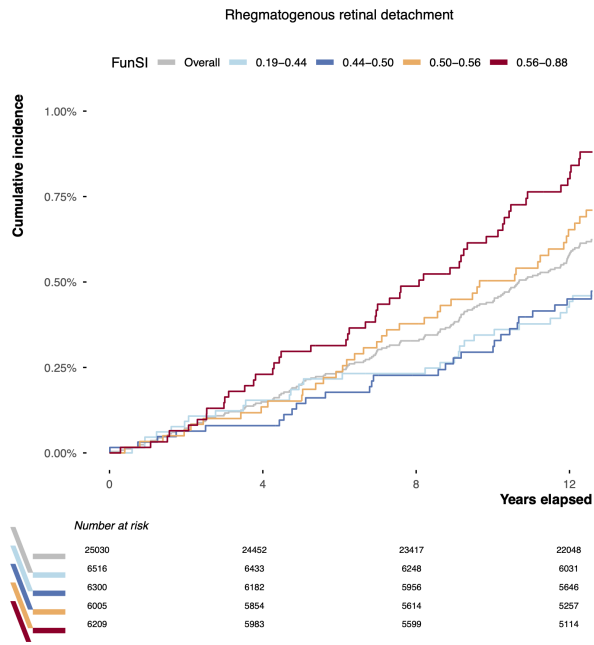


0.70



0.68





A higher baseline Fundus Stretch Index, indicating a more stretched fundus, was associated with an increased risk of retinal detachment and glaucoma over 12 years, even after adjusting for established risk factors including myopia severity.

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